

ExecuCare Addiction Recovery Center™  
 FINAL DAY QUESTIONNAIRE

Patient ID # \_\_\_\_\_

Please fill out completely, and as accurately as possible. There is no wrong answer, and no answer will have a effect on your treatment.

PATIENT NAME \_\_\_\_\_ DATE \_\_\_\_\_

DAY # **10** STAFFS INITIALS \_\_\_\_\_

Please score each of the questions below according to how you feel NOW.

|    | Symptom   | Not at All | A Little | Moderately | Quite a bit | Extremely |
|----|---|------------|----------|------------|-------------|-----------|
| 1  | I feel Great.   | 0          | 1        | 2          | 3           | 4         |
| 2  | I sleep well.   | 0          | 1        | 2          | 3           | 4         |
| 3  | My appetite has improved.                             | 0          | 1        | 2          | 3           | 4         |
| 4  | My mental clarity has improved.                       | 0          | 1        | 2          | 3           | 4         |
| 5  | I have more energy.                                   | 0          | 1        | 2          | 3           | 4         |
| 6  | I handle stress better.                               | 0          | 1        | 2          | 3           | 4         |
| 7  | I can focus easily.                                   | 0          | 1        | 2          | 3           | 4         |
| 8  | I feel like using now.                                | 0          | 1        | 2          | 3           | 4         |
| 9  | I am depressed.                                       | 0          | 1        | 2          | 3           | 4         |
| 10 | I am anxious.   | 0          | 1        | 2          | 3           | 4         |
| 11 | I am joyful.  | 0          | 1        | 2          | 3           | 4         |
| 12 | I have a lot of motivation.                           | 0          | 1        | 2          | 3           | 4         |
| 13 | I have a constant sexual desire.                      | 0          | 1        | 2          | 3           | 4         |
| 14 | I am more aware of my sense of taste.                 | 0          | 1        | 2          | 3           | 4         |
| 15 | I am more aware of my sense of touch.                 | 0          | 1        | 2          | 3           | 4         |
| 16 | I am more aware of my sense of smell.                 | 0          | 1        | 2          | 3           | 4         |
| 17 | I am more aware of my sense of sight.                 | 0          | 1        | 2          | 3           | 4         |
| 18 | I am more aware of my sense of hearing.               | 0          | 1        | 2          | 3           | 4         |
| 19 | This treatment was harder than I thought it would be. | 0          | 1        | 2          | 3           | 4         |
| 20 | I feel this treatment has changed me physically.      | 0          | 1        | 2          | 3           | 4         |
| 21 | I feel this treatment has changed me mentally.        | 0          | 1        | 2          | 3           | 4         |

22.) PLEASE rank on a scale of 1 (being mild) to 10 (being severe) and write down which days, if any, you had the following WITHDRAWAL (not due to chronic, or other disorders) symptoms.

- |                        |                   |
|------------------------|-------------------|
| Pain (Where) _____     | Nausea _____      |
| Vomiting _____         | Sweats _____      |
| Seizure _____          | Headache _____    |
| Dizzy _____            | Weak _____        |
| Diarrhea _____         | Rapid Pulse _____ |
| Heart Fluttering _____ | Insomnia _____    |
| Overly Tired _____     |                   |

23.) I am very committed to the recovery process. I understand this means getting regularly scheduled boosters and following up with therapy. (CIRCLE ONE) (Strongly Agree) (Agree) (Neutral) (Slightly Disagree) (Disagree) (Strongly Disagree)